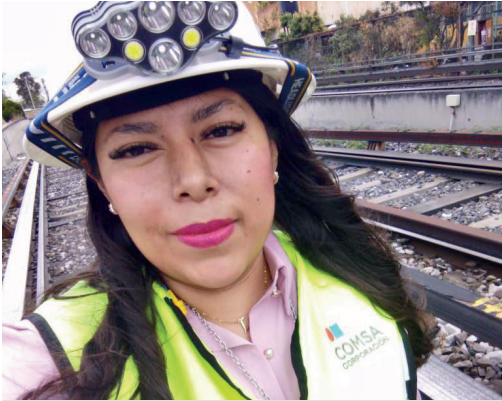


Women of reference:

## Meet Thania Lizbeth Gómez Ramirez



**Thania Lizbeth Gómez,**  
Chief Prevention, Quality and  
Environment Area of COMSA in  
Mexico.

Thania Lizbeth Gómez has been leading COMSA's Prevention, Quality and Environment area in Mexico for more than 5 years. Her main functions are to conduct workplace inspections to ensure compliance with safety and environmental regulations, organise and carry out training sessions for staff on safe practices and emergency procedures, as well as identify and assess potential risks in the work environment and develop strategies to mitigate them. He also keeps up to date with local laws and regulations related to health, safety, quality and the environment, as **these activities are key to creating**

**a safe environment and ensuring the company's compliance with regulations.**

In addition to her duties as Head of Prevention, Quality and Environment, Thania has joined the team of **Sustainability Ambassadors, which has allowed her to promote important social actions and the integration of work teams.** Among the most important lessons she has learned during these years, she highlights the value of clear and effective communication, adaptability and teamwork, as well as efficient time management.

For Thania, it is extremely satisfying to see how a project takes shape, from the plans to the final structure, as each of these jobs is a unique challenge that keeps the day-to-day interesting and dynamic. He also emphasises that he is **passionate about contributing to the creation and maintenance of infrastructures that improve people's lives**, as well as collaborating with different professionals, which fosters a collegial atmosphere.

His dedication to the infrastructure and construction sector responds to the value of infrastructure as an agent for improving the quality of life of communities. In addition, the

construction industry in Mexico offers a wide range of career opportunities, from engineering and architecture to project management.

**At a time when more work needs to be done to achieve gender equality, joining the company was a big challenge for Thania, also considering that the construction sector is predominantly male, especially in Mexico.** As she explains, this can cause women to feel isolated or underestimated, facing stereotypes about their ability to do physically demanding or technical work. In addition, long working hours make work-life balance difficult, and the lack of representation and support makes it more difficult to access leadership roles. However, she says that despite the challenges, women are achieving success, bringing valuable skills and new perspectives to the sector.

In fact, Thania considers crucial to **'encourage more women to take an interest in the construction sector to foster diversity and innovation'.** For her, initiatives such as the **Women of Reference programme at COMSA Corporación** are essential for women with experience in the sector to guide and support new recruits and generations.

**'Encouraging more women to take an interest in the construction sector is crucial to fostering diversity and innovation'**

Thania concludes that it is necessary to **reinforce gender equality policies and ensure an inclusive and respectful environment**, showing that all areas within the organisation are accessible to anyone, regardless of gender.