COMSA
CORPORACIÓN

3 GOOD HEALTH AND WELL-BEING

Follow the Healthy Habits promotion programmes

CARDIOVASCULAR RISK PREVENTION

PROMOTING HEALTHY AND LOCAL NUTRITION

PREVENTION OF SEDENTARY LIFESTYLES

SMOKING PREVENTION

PREVENTION OF ALCOHOL AND DRUGS

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With everyone's participation we will assure a FUTURE + HEALTHY

28 de Abril
World Day for Safety and Health at Work

WE **COMS**TRUCT THE FUTURE
+ HEALTHY

You can follow all the actions here: